

Youth Services Volunteer Opportunities Sunrise Rotary Vero Beach



The Four-Way Test Student of the Quarter Good Choices Awards is a quarterly program that recognizes one boy and one girl 8th grade student from each of four middle schools in Indian River County. At the beginning of the school year, Sunrise Rotarians visit four schools and introduce the awards program by facilitating discussions about how the 4-Way test can help solve personal predicaments and make good choices. A lesson plan is provided that includes interactive discussion and problem-solving activities. The Four-Way Test posters and awards criteria are provided to each school for distribution to teachers and administrators. Each quarter, the school's teachers, counselors and administrative personnel will select one boy and one girl 8th grade student who demonstrate good character, ethical behaviors and good choices that embody the basic principles of Rotary. *The selection process is not based on the students' scholastic achievements, but rather on their good deeds (i.e. telling the truth, helping younger students succeed in their studies, standing up to bullies, and helping others in school and in the community through volunteering).* Students and their parents and/or mentors are recognized at a Sunrise Rotary meeting, and are awarded with a gift certificate, as well as a \$25 award for them to give to the charity of their choice.

RYLA – Rotary Youth Leadership Academy is a leadership development program run by Rotarians and designed for secondary school students. RYLA includes presentations, activities and workshops that cover a variety of topics, including leadership fundamentals and ethics; communication skills; problem solving and conflict management; and community and global citizenship. There is no cost to the student. The four-day program is held in the fall at Florida Elks Youth Camp in Umatilla, FL.

Little Birthday Angels is a local non-profit that provides birthday celebrations to young people living in homeless shelters, transitional housing facilities and domestic violence shelters. Sunrise Rotarians often join in the celebrations and provide gifts, and have also provided duffel bags that help homeless children keep their personal items in a safe and private place.

Josh the Otter Water Safety Program (partner with Oceanside Rotary) is a program designed by Rotarians to educate children and adults worldwide about water safety through the utilization of drowning prevention campaigns and early childhood water safety training. Their vision is to eliminate drowning through water safety education and awareness by fostering a generational change in the way children and adults perceive bodies of water. Sunrise Rotary partners with Oceanside Rotary in campaigns in Indian River County.

Gifford Youth Orchestra Gala is an evening to celebrate these young musicians and the progress they've made through the year. Sunrise Rotarians host the event, providing food, drink and lots of warm hospitality to honor their achievements.



Thompson Field Clean up Days are big days for Sunrise Rotarians. Painting, cleaning and BBQing combine to make a fun, family-day at this baseball field named for our Charter President Jim Thompson's father.

Stuffed Animals for Emergency Services - Barbara Dupont and Tina Nicholson coordinate this giant project that brings smiles to many children who are in emergency situations. Ask how you can help!

Girls on the Run Pancake Breakfast starts early and ends early, but everyone goes away proud of their achievements and thoroughly satisfied because of Sunrise Rotarians big pancake breakfast. This local non-profit inspires young girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

Citrus Elementary Autism Awareness Walk

Christmas Toys for Children - Salvation Army

Salvation Army Bell-Ringing



You are encouraged to volunteer for any or all of these important Youth Services projects.

For more information and/or to sign up for a specific project(s) please contact:

Mike Murphy
Youth Services Chair
murphymd@usa.net